



**Information for Survivors  
of Sexual Assault**

*Caring Alternatives, Inc.*

**Sexual Assault Recovery  
Program**

Formerly *Silent Tears*  
www.caringalternatives.com

*We believe that no one deserves  
to be sexually assaulted.*

**(734) 243-6410**  
24 Hour On Call Support

Our program offers support to survivors of sexual assault in the form of advocacy and counseling. While an adult survivor is not required to file a police report or seek medical treatment to utilize our program, we encourage them to understand available options. Our objective is to help survivors make informed decisions.

**Advocates** are trained to assist survivors with medical and legal matters. The advocate understands how the system works and remains available to provide practical information and emotional support. Advocates help you cope with recent or past assaults. (Available through CAI)

**Sexual Assault Nurse Examiner (SANE)** is a program that uses registered nurses or nurse-practitioners to conduct forensic examinations of sexual assault survivors. SANE programs are critical for helping survivors receive specialized treatment and proceeding with prosecution.

**Sexual Assault Counselors** are professionals trained to address the specific emotional needs of survivors of sexual assault. Counseling is most beneficial when the survivor feels they are ready to accept help. (Available through CAI)

**Support Groups** are a helpful recovery tool for many survivors. Groups are facilitated by trained professionals skilled at helping participants develop healthy support networks. Support groups can help cope with recent or past assaults. (Available through CAI)

**Intervention Services** include 911, emergency room and SANE, police departments, county prosecutors, legal services, department of human services, crime victim's compensation, domestic violence programs, safe house shelters, planned parenthood, health departments, community mental health, and 211.

**Area Rape Crisis Programs**

Caring Alternatives Monroe ..... (734) 243-6410  
Mercy Hospital Rape Crisis ..... (734) 240-8800  
Rape Crisis Center Toledo ..... (419) 241-7273  
Assault Prevention Ann Arbor ..... (734) 936-3333  
Victims Assistance Detroit ..... (313) 833-1660  
First Step Canton ..... (888) 453-5900  
Adrian ..... (517) 265-6776  
Sexual Assault Hot Line ..... (800) 656-HOPE

**As a victim of crime, you have the right to:**

- Make informed decisions
- Be treated with fairness, respect, and dignity
- Have your privacy protected throughout the criminal justice and restitution process
- Be protected from the accused throughout the criminal process
- Receive notification of court proceedings, to attend trial and all other court proceedings
- Consult with the prosecutor
- Make statement to the court at sentencing
- Receive information about the conviction, sentencing, imprisonment and release of the accused

**As a participant of our program, you have the right to:**

- Respect and privacy in accordance with all governing mandates
- Speak and ask questions in a safe non judgmental environment
- Receive services without regard to your choice of medical or legal remedy
- Receive services for both recent and past incidents
- Acquire a better understanding of sexual assault and natural reactions commonly associated with being assaulted
- Information regarding additional intervention and support services
- Receive referral assistance when support groups and counseling services are at capacity or not suited to your situation

*Caring Alternatives, Inc.*

*Helping individuals maintain independence and accomplish goals  
Since 1986*

**www.caringalternatives.com**  
**info@caringalternatives.com**  
(734) 242-8711

\* Home Care \* Counseling \* Education & Wellness