



**Information for Survivors
of Sexual Assault**

Caring Alternatives, Inc.

**Sexual Assault Recovery
Program**
Formerly Silent Tears

*We believe that no one deserves
to be sexually assaulted.*

(734) 243-6410
24 Hour On Call Support

Our program offers support to survivors of sexual assault and incest in the form of advocacy and counseling. A survivor is not required to seek medical treatment or file a police report to utilize our program.

Advocates are trained to assist survivors with medical and legal matters. The advocate understands how the system works and remains available to provide practical information and emotional support. Advocates help you cope with recent or past assaults. (Available through CAI)

Sexual Assault Nurse Examiner (SANE) is a program that uses registered nurses or nurse-practitioners to conduct forensic examinations of sexual assault survivors. SANE programs are critical for helping survivors receive specialized treatment and proceeding with prosecution.

Sexual Assault Counselors are professionals trained to address the specific emotional needs of survivors of sexual assault. Counseling is most beneficial when the survivor feels they are ready to accept help. (Available through CAI)

Support Groups are a helpful recovery tool for many survivors. Groups are facilitated by trained professionals skilled at helping participants develop healthy support networks. Support groups can help cope with recent or past assaults. (Available through CAI)

Intervention Services include 911, emergency room and SANE, police departments, county prosecutors, legal services, department of human services, crime victim's compensation, domestic violence programs, safe house shelters, planned parenthood, health departments, community mental health, and 211.

Area Rape Crisis Programs

Caring Alternatives Monroe (734) 243-6410
Mercy Hospital Rape Crisis (734) 240-8800
Rape Crisis Center Toledo (419) 241-7273
Assault Crisis Center Ann Arbor (734) 994-1616
Downriver Anti-Rape Effort (734) 224-7000
First Step Canton (888) 453-5900
Adrian (517) 265-6776
Sexual Assault Hot Line (800) 656-HOPE

As a victim of crime, you have the right to:

- Make informed decisions
- Be treated with fairness, respect, and dignity
- Have your privacy protected throughout the criminal justice and restitution process
- Be protected from the accused throughout the criminal process
- Receive notification of court proceedings, to attend trial and all other court proceedings
- Consult with the prosecutor
- Make statement to the court at sentencing
- Receive information about the conviction, sentencing, imprisonment and release of the accused

As a participant of our program, you have the right to:

- Privacy, respect, and dignity
- Speak and ask questions in a safe non-judgmental environment
- Receive services without regard to your choice of medical or legal remedy
- Receive services for both recent and past incidents
- Acquire a better understanding of sexual assault and natural reactions commonly associated with being assaulted
- Information regarding additional intervention and support services
- Receive referral assistance when support groups and counseling services are at capacity

Caring Alternatives, Inc.

*Helping individuals maintain independence and accomplish goals
Since 1986*

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* Home Care * Counseling * Education & Wellness